

Hallway Humour

Activity

Resource: Ideas for Action

Grade(s): 1 2 3 4 5 6 7 8 9 10 11 12

What Is it All About?

Students create posters of appropriate jokes and display them in a common area of the school.

Why Do It?

Laughter not only makes us feel happy, we know that it also has positive effects on our bodies. Create a space in your school to shake off your stress and brighten everyone's day with a laugh.

How Do We Do It?

Students create posters of appropriate jokes and display them in a common area of the school.

Be sure jokes are socially and emotionally appropriate and free from any form of description, language, or ideas that might create an emotionally and physically unsafe environment. Consider having a teacher or mental health lead review jokes before posting them.

What Else Do We Need?

- Paper
- Writing utensils

How Do We Get Creative?

Place a television or laptop computer in the common area and play ongoing clips from appropriate episodes of comedy or funny home video television shows. Be sure to filter out any negative or inappropriate video clips; consider having a teacher or mental health lead review all clips before displaying.