

Ophea's Healthy Schools Certification



www.ophea.net/HSCertification
#HSCertES

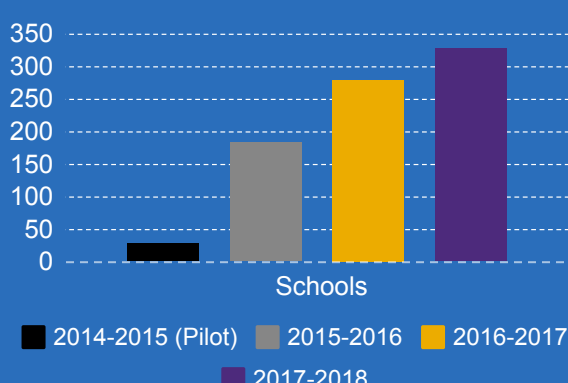
A "Healthy School" involves the whole school community coming together to share ideas, plan, and take action to address a health topic specific to that community's needs and assets. When this is done, students will be better equipped to meet everyday challenges, be ready to excel academically, be empowered to make healthy choices, and will feel confident managing the risks that they face today and in the future.

Ophea's Healthy Schools Certification (HS Certification) recognizes and celebrates school communities for promoting and enhancing the health and well-being of students, school staff, and the broader community.

WHY REGISTER? HS Certification can help your school increase student engagement, parent connectedness, community partnerships, healthy behaviours, and foster well-being. Plus it can help connect the dots between what your school is already doing to make your community a healthier place!

2017 - 2018 Registration

327 Schools 50 School Boards



>168,000 Students

8% of all students in Ontario are benefiting from a Healthy School

69% of all school boards in Ontario have schools registered

1/15 schools in Ontario are participating in HS Certification

ANTICIPATED HEALTH TOPIC

Schools anticipate focusing on the following health topics during the 2017-2018 school year:



PHYSICAL ACTIVITY
101 (30.9%)



MENTAL HEALTH
93 (28.4%)



HEALTHY EATING
56 (17.1%)



GROWTH & DEVELOPMENT
4 (1.2%)



PERSONAL SAFETY & INJURY PREVENTION
3 (0.9%)



SUBSTANCE USE, ADDICTIONS & RELATED BEHAVIOURS
1 (0.3%)



"DON'T KNOW"
69 (21.1%)

In 2016-2017, after following the 6-Step Healthy Schools Process, over a quarter of schools changed their anticipated health topic when they declared their priority health topic in Step 3 (excluding those who selected "Don't Know").

SCHOOL LOCATION

HS Certification is tailorable to any school environment!



URBAN
118 (36.1%)

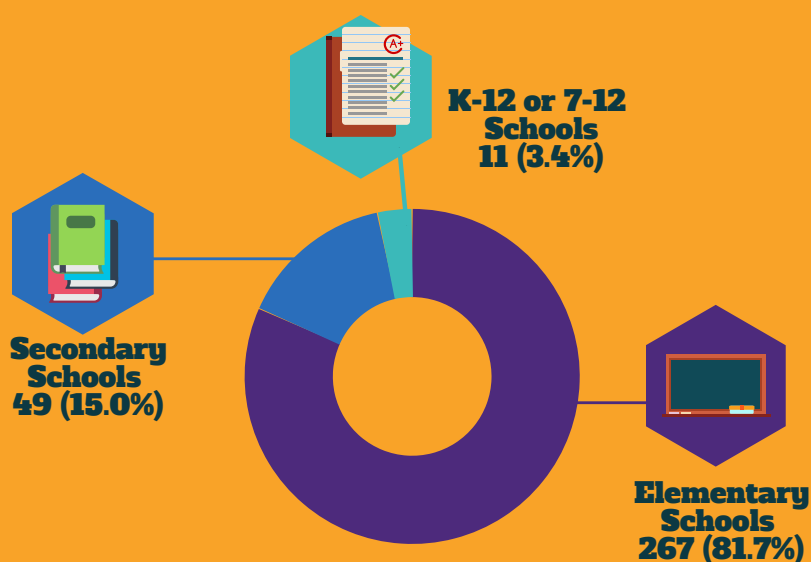


SUBURBAN
109 (33.3%)



RURAL
100 (30.6%)

SCHOOL GRADES



*All percentages reflect the breakdown of the 327 schools registered for 2017-2018 and are rounded so may not add to 100%

SCHOOL LANGUAGE

