



Ophea Summer Viewing List Choice Board

<<< LEARN

[Building Healthy Eating Habits and Food Literacy Skills with the H&PE Curriculum](#)

[Exploring and Applying Vaping Education within the Elementary H&PE Curriculum](#)

[Ask Us: Vaping and Making Connections to the Elementary H&PE Curriculum](#)

[Drawing the Line on Sexual Violence in Ontario](#)

[Human Development & Sexual Health in H&PE Curriculum](#)

[Supporting Learning about Mental Health in Elementary Health and Physical Education](#)

[Ask a Dietitian: Explore Nutrition Facts and the H&PE Curriculum Webinar](#)

[Ask a Dietitian: Supporting Educator Nutrition and Well-being](#)

[Exploring Social-Emotional Learning Skills in Health and Physical Education](#)

[Egale Canada: Drawing the Line on Transphobic and Sexual Violence](#)

[Introduction to Sexual Violence Prevention](#)

[Teachers Talk Sex Ed: Practical Approaches to Implementation](#)

[Learning Health and Physical Education Through Inquiry](#)

[An Exploration of Assessment and Evaluation in the Elementary Health and Physical Education Curriculum](#)

[Are we doing it all wrong? Physical activity, risk and resilience](#)

[Ask a Dietitian: Navigating the Grocery Store](#)



Feeling inspired?

Share with with the #OpheaFamily on our socials! Post about the webinar you watched, state what you learned, share stories from the field, and/or apply that knowledge by coming up with a practical classroom/activity idea!

DO >>>

Ideas for Application

- Create and share a student resource you made based on the webinar.
- Video or photograph you and your family doing an activity inspired by the webinar you watched.
- Explain: What were your thoughts before you watched the webinar? Has your opinions, attitudes, or assumptions changed?
- Top 5: List the 5 takeaways from your webinar that you will cement into your practice going forward.

